



Trauma Therapist

[Putnam/Northern Westchester Women's Resource Center \(www.pnwwrc.org\)](http://www.pnwwrc.org)

Work Location: Position is in person-not remote.

The work location is co-located in Mahopac, NY 10541 and Brewster, NY 10590

Pay: \$62,500.00 per year

Job type

- Full-time 35 hours per week (Monday through Friday)

Full job description

The Putnam/Northern Westchester Women's Resource Center has been providing services to women and children who are victims of domestic violence and sexual assault for over 45+ years. The mission of the WRC is to provide advocacy, education, and services to the community in order to create a safe, supportive environment that eliminates violence against women, men and children and promotes gender equality.

Position Overview

The Trauma Therapist is a critical member of a multidisciplinary team serving children and families impacted by abuse, violence, and trauma. This position operates at the intersection of clinical care and forensic response, providing trauma-informed therapeutic services while supporting coordinated investigations through the Child Advocacy Center model.

Co-located between the Putnam County Child Advocacy Center (CAC) and the Putnam Northern Westchester Women's Resource Center (PNWWRC), this role ensures seamless, survivor-centered care across systems. The Trauma Therapist plays a key role in promoting safety, healing, and resilience through evidence-based interventions and strong cross-sector collaboration.

Key Responsibilities

Forensic Interviewing and Multidisciplinary Coordination

- Conduct forensic interviews with children and adolescents, or complete required training to perform interviews in accordance with CAC protocols and nationally recognized best practices.
- Participate in multidisciplinary team (MDT) case review meetings, contributing clinical insight related to safety, trauma impact, and service planning.
- Collaborate closely with law enforcement, child protective services, medical professionals, and prosecutors to support accurate, trauma-informed case documentation and response.

Trauma-Informed Mental Health Services

- Conduct trauma screenings, biopsychosocial assessments, and risk evaluations.
- Provide evidence-based trauma treatment, including:
 - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
 - Eye Movement Desensitization and Reprocessing (EMDR)
 - Other clinically appropriate, evidence-based modalities
- Develop and implement individualized treatment plans, with ongoing evaluation of progress and outcomes.
- Provide crisis intervention and short-term stabilization for children and families experiencing acute trauma or distress.

Collaboration, Advocacy, and Family Engagement

- Serve as a clinical liaison between the CAC and PNWWRC, ensuring continuity and coordination of care.
- Educate caregivers and families on trauma, healing, and available supports in a clear, compassionate, and empowering manner.
- Maintain accurate, timely, and confidential clinical documentation in compliance with all legal, ethical, and organizational standards.

Qualifications

Required

- Licensed mental health professional (LMHC preferred or equivalent) in New York State.
- Ability to provide trauma-focused treatment, including TF-CBT and/or EMDR (independently or under appropriate supervision).
- Strong knowledge of trauma-informed care, child development, and the dynamics of abuse and victimization.
- Excellent interpersonal, communication, and collaboration skills.
- Ability to function effectively both independently and within a multidisciplinary team environment.

Preferred

- Experience conducting forensic interviews with children or willingness to be trained.
- Prior experience working within a Child Advocacy Center or similar multidisciplinary setting.
- Familiarity with child protective systems, legal processes, and community-based resources.

- Training or certification in TF-CBT, EMDR, or other trauma-specific modalities.

Additional Requirements

- Valid driver's license and reliable transportation to travel between CAC and PNWWRC locations.

What Sets This Role Apart

- Opportunity to work within a fully integrated CAC and victim services model
- Direct impact on children and families navigating trauma and abuse
- Collaborative, mission-driven environment grounded in trauma-informed care and unconditional positive regard
- Meaningful role in shaping coordinated community response and improving outcomes for vulnerable populations

Benefits

Pulled from the full job description

- 401(k)
- Health insurance
- Paid time off
- Vision insurance
- Dental insurance
- Life insurance

To Apply: Go to <https://www.indeed.com/job/trauma-therapist-694e5174e4b67c72>

or email your cover letter and resume referencing the job title of "Trauma Therapist to JPolancoRusso@pnwwrc.org and JGrainger@pnwwrc.org